

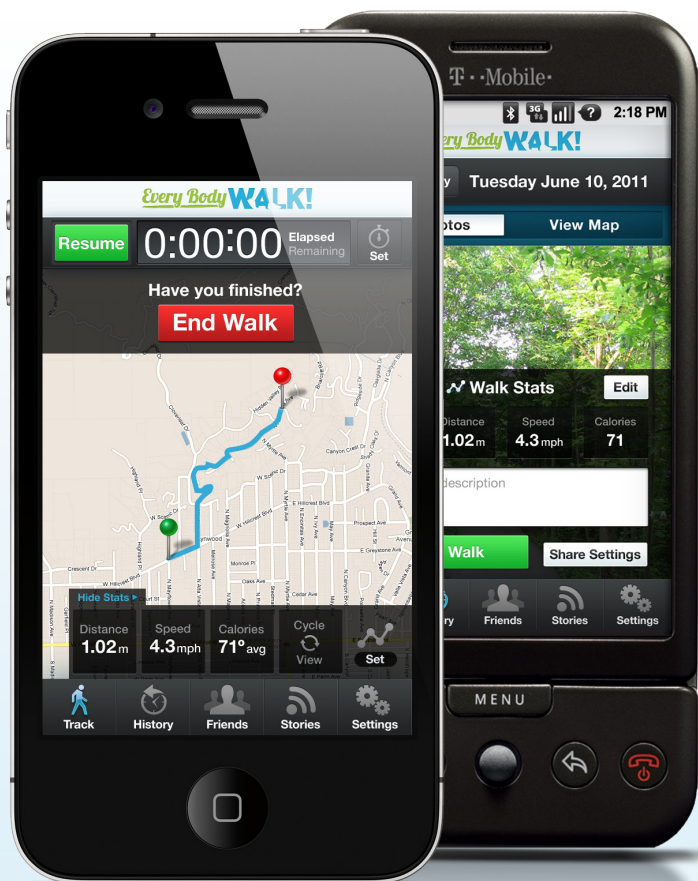
FREE

Every Body WALK!

THE CAMPAIGN TO GET AMERICA WALKING

Mobile App

FREE APP AVAILABLE NOW!



It's never been easier to take the next step to a healthy lifestyle through walking. The free Every Body Walk! app enables you to personalize your walking plan, connect with walking communities, and learn about the latest health news, tips and more. Get connected and get walking!

- ✓ Track and save your own walking routes, build your walking history — then share your progress on Facebook
- ✓ Discover walking groups and walking paths near you with an interactive map
- ✓ Read the latest news about walking, health news, trends and more
- ✓ Watch videos that include walking tips, how communities are embracing walking, advice from experts and more

Go to www.everybodywalk.org/app for the latest updates and info!



Scan this barcode using a QR reading app:

